
BUILDING RESILIENCY AMONG CHILDREN

A SEMINAR FOR PARENTS

Learn the techniques that will enable your child to be resilient when faced with adversity.



Discussion topics will include:

- How to build your child's self-esteem as well as physical/emotional wellbeing*
- Helping your child to be aware of personal safety and how to handle difficult peers*
- How to cope when a parent deploys*

WHEN: 30 APRIL 12

WHERE: BUCKLEY

HOUSING

CONFERENCE ROOM

TIME: 1730 - 1830

